

## Welcome to the Toddler Room

Teachers: Miss Silvia (7:00-3:30) and Ms. Alyssa (9:00-5:30)

Your child will need:

- A small pillow and blanket (small comfort object optional)
- Sturdy shoes appropriate for outside play—lace-ups with rubber soles are usually best
- A change of clothes, including socks
- A light jacket or sweater to leave here
- A lunch box labeled with the child's name

Suggestions:

- For children who still eat baby food, it is also helpful to offer finger food as well.  
    Good options are cut-up sandwiches, peas, corn, yogurt, dry cereal, cut-up fruit, applesauce, small crackers, Little Smokies, breakfast bars, and cheese.
- Whenever possible, please try to avoid scheduling doctor appointments between 12:30-3:00, since this is nap time. Your child (and the rest of the kids) will be much happier with an uninterrupted nap.
- You do not need a diaper bag. Everything will be kept in your child's cubby.

Other important info:

- Lunches are stored in the kitchen refrigerator on the toddler shelf. Put an ice pack in the lunchbox or leave the lunch unzipped slightly.
- We provide sippy cups and whole milk
- We provide morning and afternoon snacks
- Toddlers are on a schedule, and it normally takes 2-3 weeks for a child to adjust (sometimes longer for part-time kids)
- Please sign the sign-in sheet whenever you drop off or pick up your child
- Lunches are put in the kitchen refrigerator on the shelf marked 'toddler'